

La Jolla Shores

La Jolla Shores (8200 Camino del Oro) is a sandy beach approximately one mile long, adjacent to a residential area. In summer, waves at this beach are usually the most gentle of all San Diego beaches, although rip currents may still be strong at times.

La Jolla Cove

(1100 Coast Boulevard) is a very small beach, tucked between adjacent sandstone cliffs. Due to its extraordinary beauty, La Jolla Cove is one of the most photographed beaches in Southern California. It is within a short walk of the commercial area of the community of La Jolla, but retains a character all its own.

The north facing La Jolla Cove has unusually coarse sand. Grassy Scripps Park is immediately adjacent and an excellent area for picnicking. Water

The Children's Pool

(850 Coast Boulevard), also known as the Casa, is a small beach partially protected by a seawall. The original intention was to create a fully protected swimming area, but sand has filled in much of the area inside the wall. This is a very picturesque beach with a panoramic view. During much of the year, seals and sea lions are present on or near the beach and a reserve for these marine mammals, called Seal Rock, is just offshore.

The Children's Pool, is within a short walk of the commercial area of the community of La Jolla. Grassy park areas can be found a short distance to the north and south. Several small beaches are nearby including Wipeout Beach to the south and Shell Beach to the north.

Pacific Beach

This beach continues south for over two miles, becoming Mission Beach and then South Mission Beach, eventually ending at the channel entrance to Mission Bay. This long beach, known as The Strand, lies directly adjacent to the residential and commercial areas of the Pacific Beach and Mission Beach communities. It is the most popular beach in the City of San Diego and draws large crowds in summer. North Pacific Beach continues to the north, but is visually separated by Crystal Pier, a publicly accessible fishing pier.

Windansea Beach

(6800 Neptune Place) is perhaps best known for its beautiful scenery and surf breaks created by underwater reefs. Sandstone rocks act as partitions along the beach offering a secluded atmosphere for sunbathing. Much of the beach at Windansea experiences shorebreak, a condition on steep beaches which results in hard breaking surf right at the shoreline. Swimmers should enter and exit the water carefully to prevent spinal injuries.

Ocean Beach

(1950 Abbott Street) is located in the community of Ocean Beach, just south of the Mission Bay channel entrance. This is a wide beach approximately one mile long. A volleyball area can be found near the north end of the beach.

The Ocean Beach Municipal Pier is located at the south end of the beach and is available to the public for walking and fishing. There is a restaurant and bait shop on the pier. Fishing from the pier does not require a fishing license, but catch regulations are enforced.

Coronado Beach

In front of Ocean Boulevard near the infamous Hotel del Coronado, Coronado Beach is a long, wide and white stretch of San Diego coast that is a popular place for languid evening strolls and stunning San Diego sunsets.

Mission Beach

Adjacent to Pacific Beach and also part of The Strand, one of San Diego's most popular beaches for sun-tanning and socializing, the south side of Mission Beach is home to a historic roller coaster, as well as plenty of beach bars and oceanfront San Diego.

Del Mar Beach

The City of Del Mar, “where the surf meets the turf” in reference to its famous horse racing track, has one of North County's most popular beaches. Wide, long, and blessed with several great surfing spots for both beginners and enthusiasts, Del Mar has year round appeal. Lying just north of Torrey Pines State Beach, Del Mar beach is a favorite for swimmers, walkers, surfers, body boarders, and even grunion hunters.

Solana Beach

Fletcher Cove, part of the Solana Beach coastline, has lifeguards, restrooms, showers, basketball, volleyball, and shuffleboard courts and is ideal for surfers.