





PURE GOLD INDULGENCE

By Expressions International



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How to Spa

Arrival Time

If this is your first visit with us, please arrive 15 minutes prior to your appointment time so that you may relax and unwind before your treatment

What to wear?

There is no need to bring or wear. Choose what's the most comfortable for you, we provide you with hygienic disposable briefs. Alternatively, treatments may be enjoyed without clothing. Our therapists will always use draping techniques to respect your privacy.

What if I am pregnant?

Please contact our spa manager or receptionists for advice on treatments that are safe to enjoy during pregnancy.

Should men shave before their facial treatment?

It is recommended that men shave a few hours before their facial appointments, rather than just before.

Spa Etiquette & Minimum Age

To preserve the harmony within the spa kindly turn off your mobile phone. To maintain a peaceful environment, children under 12 years are not permitted in the spa.

Cancellations

These policies allow our spa therapist to reschedule open appointment times with other clients who maybe on our waiting list. Please remember that our staff work by appointment times.

As your treatment requires facilities to be reserved, we request a minimum of 4 hours notice if you are unable to keep your appointment. Please call our staff, who will be happy to reschedule for you. No shows or appointments cancelled within hours will incur with full amount.

Sundaree Face Treatments

Deep Cleansing Facial

60 mins

Tk 4,750++

A unique deep cleanser removes impurities from the skin's pores and tissues, whilst gentle exfoliating by loosening and removing building up of dead skin cells leaving your face soft, cleanse, radiant balance, stimulate and deeply hydrate the skin, resulting in naturally healthy glow

Refined Whitening Treatment

60 mins

Tk 4,750++

A facial delivering a brighter complexion and youthful appearance. The rejuvenation of your skin tissue is created with the use of AHA's for a gentle double peeling effect. Active ingredients recreate a new skin, reducing sun damage and decongesting an uneven skin tone.

Gold Face Hydrating Treatment

60 mins

Tk 6,250++

A deep nourishing treatment for dehydrated skin. With a concentrate formula of pure gold and collagen help repairing the damaged skin, improves blood circulation, eliminate wrinkles and reproduce radiance of your skin.

Royal Gold Face Lift

90 mins

Tk 9,500++

Discovery the secret of Gold- ancient beauty rituals with the Lift program strengthens your skin's defenses against time. Gold essence serum will helps to reduce the appearance of fine lines and wrinkles caused by harsh effects of the environment. Powerful anti-aging ingredients and specialized lifting massage techniques combine to help the skin achieve a more youthful appearance.



Body Massage

Surrender yourself to absolute bliss. Massages have been proven to reduce stress and tension, improve a sleep and digestion and promote healing. Plus, they feel absolutely amazing. For your massage, may we recommend.....

Traditional Thai Massage *[Without Oil]*

Experience the world renown Thai massage, this massage concentrate on the pressure points of the whole body with muscle stretching movements to relax tight muscles and stimulate the blood circulation.

60 minutes TKA 2500
90 minutes TKA 3500

Thai Herbal Massage

The ancient healing treatment of Thai Herbal Pack. The ideal treatment to ease aches, pains, bruises. The body is compressed with warm special Thai herbal pack combined with a special Thai Massage technique eases muscle tension, aches and pains. After the treatment you will enjoy your feeling of lightness.

90 minutes TKA 4200

Aromatherapy Massage

Ease away all stress and strain with this soothing massage. Pure essential oils are used to induce deep and gentle relaxation.

60 minutes TKA 3400
90 minutes TKA 5000

Swedish Massage

A full body massage both invigorating and relaxing. The classical movement will helps to reduce tension, soothe sore muscles and increase circulation.

60 minutes TKA 3400
90 minutes TKA 5000

Anti Stress Neck, Shoulder and Back Massage

Fit for rush hour snapshot massage. The ideal massage to combat stiffness and stress, concentrate on the back and shoulders , help ease away shoulder strain and relieve tension.

30 minutes TKA 1800

Foot Relaxing Massage

Try the oriental traditional foot massage using acupressure points. The easy, safe and effective way to promote and maintain good health.

30 minutes TKA 1850
60 minutes TKA 3600

Couple Spa Package

Gratify yourself and your love one in our romantic spa suite with private Jacuzzi and steam bath.

Time for Two

120 minutes TKA 14500

- ❖ Choice of Body Massage (60 mins)
- ❖ Deep Cleansing Facial (60 mins)

Test of Thai Sensation

150 minutes TKA 18000

- ❖ Steam & Thai Herbal Bath (30 mins)
- ❖ Thai Herbal Body Polish (30 mins)
- ❖ Thai Herbal Body Massage (90 mins)

Sweet Memory

180 minutes TKA 26500

- ❖ Aromatic Steam Bath (15 mins)
- ❖ Aromatic Bubble Bath (15 mins)
- ❖ Deep Blue Sea Body Polish (30 mins)
- ❖ Aromatherapy Massage (60 mins)
- ❖ Refined Whitening Facial (60 mins)

Paradise at Sundaree

220 minutes TKA 34000

- ❖ Steam & Aromatic Bath (45 mins)
- ❖ Dead Sea Salt Scrub (30 mins)
- ❖ Aromatherapy Massage (60 mins)
- ❖ Hot Stone Back Massage (15 mins)
- ❖ Refined Whitening Facial (60 mins)
- ❖ Pure Collagen Hand Care (30 mins)

Sundaree Spa Packages

Indulge yourself or a friend with exclusive Spa package, designed to provide head-to-toe care. For luxurious treat, may we recommend...

Sundaree Quick Refresh

75 minutes TKA 4800

- ❖ Swedish Massage 60 mins
- ❖ Collagen Eyes Pack 15 mins

Sundaree Body Pampering

90 minutes TKA 5400

- ❖ Thai Herbal Body Scrub 30 mins.
- ❖ Choice of Body Massage 60 mins.

Jet Lag Reviver

120 minutes TKA 6950

- ❖ Avocado Scrub 30 mins.
- ❖ Bubble Aromatic Bath 30 mins.
- ❖ Revitalizing Body Massage 60 mins (Swedish)

Ultimate Spa Experience

150 minutes TKA 9400

- ❖ Tanaka and Oatmeal Body Polish 30 mins.
- ❖ Choice of Swedish or Aromatherapy 60 mins.
- ❖ Gold Face Hydrating Treatment 60 mins.

Harmony Extreme

135 minutes TKA 10500

- ❖ Swedish Massage 45 mins.
- ❖ Hot Stone Back Massage 30 mins.
- ❖ Gold Face Hydrating Treatment 60 mins.

Day at the Spa

190 minutes TKA 13000

- ❖ Choice of Body Scrub 30 mins.
- ❖ Choice of Body Massage 60 mins.
- ❖ Hot Oil Body Wrap 30 mins
- ❖ Refined Whitening Facial 60 mins
- ❖ Pure Collagen Hand Care 30 mins

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Hawaiian Thermal Stone Massage

An ancient thermal stone massage techniques, combine massage with thermodynamic benefits of warmed basalt stones and therapeutic quality of essential oils.

Full Body Massage

90 minutes TKA 6200

Back & Shoulder Massage

60 minutes TKA 4200



Steam Bath

30 minutes TKA 2500



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Body Treatment

These exclusive treatments will make your body feel fresh again. Wrap yourself up, treat yourself right, get a new glow. For your body, may we recommend.....

❖ Body Wraps

Hot Oil Body Wrap

A Relaxing treatment with warm detoxifying oils massage into your skin, then wrap in thermal blanket to detoxify the body and deep absorptions of the moisturizer.

60 minutes TKA 4000

Seaweed Body Wrap

Wrapping your body with Self Heating Seaweed. Helps to detoxify deep tissues, remove toxin out of your body. Your skin become healthy and firming.

60 minutes TKA 5000

❖ Silky Body Scrubs/ Exfoliation

Thai Herbal Body Scrub

A firming scrub from many Thai herbs with the special formula. Helps to remove your dull skin, promote a new smooth and firming skin instead.

45 minutes TKA 2800

Tanaka and Oatmeal Body Scrub

Benefit from natural herbs and cereals in a moisturizing cream will provide your Skin more glow and radiance with a very gentle scrub feeling.

45 minutes TKA 2800

Deep Blue Sea Body Polish

Naturally cleansing from the ocean to purifying your skin. Blue as ocean with Very good mixture of sea crystals and deep sea algae. Scrub in aromatic oils To remove and detoxifying your skin and leaving only soft and healthy skin.

45 minutes TKA 2800

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Just for Her

Especially for her, we would love to recommend.....

Ultimate Slimming Treatment

90 minutes TKA 6000

With special Thai Herbal extract in slimming lotion, its will penetrate into your problem areas. Two in one program consisting with dry brushing on stomach to open skin pores and remove dead skin to prepare body for massage with our special lotion, then wrap in thermal blanket. After open up you will feel the different.

Thalasso Foot Retreat

60 minutes TKA 4000

For the feet lovers, give your feet a luxurious treatment by soaking your feet in the lukewarm bath with a fresh marine scent, cleansing, scrub then follow by self-heating mask and calm down your heavy legs with a warming touch massage.

Energizing for Her

120 minutes TKA 8900

- ❖ Hot Stone Back Massage (30 mins)
- ❖ Gold Face Hydrating Facial (60 mins)
- ❖ Pure Collagen Hand Pack (30 mins)

Blissful Time for Her

170 minutes TKA 12700

- ❖ Refreshing Body Scrub (30 mins)
- ❖ Aromatherapy Massage (45 mins)
- ❖ Detoxifying Wrap (30 mins)
- ❖ Refined Whitening Facial (45 mins)
- ❖ Thermal Feet Pack (30 mins)

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Just for Him

All of this services offered at the Sundaree Spa can be enjoyed by both men and women. However, we have created a few special services especially just for him. We highly recommend.....

Teen Time

90 minutes TKA 7400

- ❖ Back Exfoliating (10 mins)
- ❖ Swedish Massage – Full Body (40 mins)
- ❖ Gentleman Face Treatment (40 mins)

Sundaree for Men Getaway

180 minutes TKA 9150

- ❖ Swedish Massage (75 mins)
- ❖ Refined Whitening Facial (45 mins)
- ❖ Head and Scalp Care – Shampoo (30 mins)
- ❖ Basic Manicure or Pedicure (30 mins)

Platinum Men’s Care

170 minutes TKA 11850

- ❖ Swedish Massage (60 mins)
- ❖ Hot Stone Back Massage (30 mins)
- ❖ Gold Face Hydrating Facial (60 mins)
- ❖ Thermal Feet Pack (30 mins)

Beauty Services

Smooth. This special spa treatment removes unwanted hair quickly and gently. Our experienced Estheticians are fully trained in the professional technique, for the utmost comfort, courtesy and care.

❖ Expert Waxing

Lip/Chin/Brow Wax (each one)

15 minutes TKA 600

Underarms Wax

20 minutes TKA 750

Bikini Line Wax

30 minutes TKA 1000

Arms Wax

45 minutes TKA 1100

Back Wax

45 minutes TKA 1400

Half Leg Wax

30 minutes TKA 1350

Full Leg Wax

45 minutes TKA 2150

❖ Threading

Lip/Chin/Brow Wax (each one)

10 minutes TKA 600

Forehead

20 minutes TKA 1200

Beauty Services

❖ Manicures and Pedicures



It's amazing what a difference an extra ordinary manicure and pedicure make. For the most polished hands and feet, may we recommend...

Private Spa Manicure

Enjoy sit back and enjoy this custom manicure, using our exclusive Private Spa Collection. Starts with gentle cleaning, massage, then nails are expertly buffed, shaped and Hand Paraffin to your skin soft then polished.

70 minutes TKA 1700

Private Spa Pedicure

Inspire. Relax and enjoy the custom pedicure, using our Private Spa Collection. Starts with gentle foot massage, enjoy with foot softening Mask then Nails are buffed, shaped and polished.

70 minutes TKA 1900

Nail Lacqure (10 fingers)

10 minutes TKA 450

Lacqure Remove (10 fingers)

10 minutes TKA 200

Hand Paraffin

25 minutes TKA 1000

Pure Collagen Hand Care

40 minutes TKA 2500

Beauty Services

❖ Hair Care

Bang Trim (No wash)

10 mins TKA 400

Bang & Neck Trim (No wash)

15 mins TKA 700

Shampoo & Set

30+ mins TKA 700, 900, 1200, 1500

Men Cut (Wash)

30+ mins TKA 900, 1200

Women Cut (Wash)

45+ mins TKA 1200+

Hair Dye (With your own color)

60+ mins TKA 1500+

Hi- Light (piece)

TKA 500+

Hair Moisturizing (Steam)

60 mins TKA 2500+

Hair Detoxifying (Ironing)

60 mins TKA 3200+

Permanent Hair Stretching

180 +mins TKA 8000+