

## Health Club Tariff 健身中心价目表

## Health Club 健身俱乐部

### Membership 会员

		Half year / Full year 半年 一年
个人卡	Individual Card	RMB 3800 / 6800
家庭卡	Family Card	RMB 6500 / 10000
公司卡	Company Card	RMB 6500 / 全年
周末卡 (周六&周日)	Weekend Card (Saturday & Sunday)	RMB 2000 / 全年

### Membership Privileges 会员礼遇

● Use of:

Gymnasium  
Swimming pool  
Changing room including sauna, steam room.

● 无限使用:

健身房  
室内恒温游泳池  
更衣室: 含桑拿、蒸汽浴室等

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#### Radisson Hotel Shanghai Hong Quan

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The gymnasium is equipped with a full range of cardiovascular and free weight equipment, making it a pleasure to work out. Our equipments include: flex weight resistant, upright and recumbent bicycles, treadmills, concept and cross training machine.

健身房配备了功能完备的健身器械，塑造身形有模有样。我们的设备包括：重量抗力设备、立式或卧式自行车、踏板机、跑步机和运转机。



#### Accessories

The modern decorated changing rooms are equipped with complete personal accessories. Sun beds are also available around the pool for relaxation after a swim or a cozy place to spend some quality time leisurely.

#### 附属设施

现代化的配套设施，独立的设施设备，包括桑拿和美容室。泳池周围的阳光床同样在您锻炼之后给您提供一个放松的好去处。

#### Swimming pool

Rejuvenate your body in our heated indoor swimming pool and overlook our private garden deck.

#### 游泳池

整齐规划的室内恒温游泳池，给您一段身心放松的时刻，让您拥有神情气爽的面貌。

