

TO START WITH

Canadian Smoked Salmon

Thinly sliced roses of salmon, red onions, and capers on a bed of crispy lettuce, drizzled with horseradish cream, served with melba toast

\$8

Peppered Beef Tenderloin

Thinly sliced tenderloin of beef and lettuce topped with extra virgin olive oil and grated parmesan cheese

\$7

Bruschetta

Calabrese olive bread topped with basil and herb marinated diced tomatoes

\$6

Tuna Pita Roll Up

White meat tuna, egg, vegetable julienne and lettuce rolled in a flat bread, served with a cucumber yogurt dip

\$7

FROM THE KETTLE

Soup Of The Day

Created daily by our chef

\$4

Minestrone

Hearty Italian vegetable soup, seasoned with garlic & basil pesto

\$4

French Onion Soup

Sautéed onions with beef consommé & red wine

\$5

FROM THE GREEN HOUSE

Baked Tandoori Chicken Salad

South Asian spiced chicken, potato and tomato salad with minted yoghurt tapenade

\$8

Chef's Salad

Mixed garden greens topped with smoked turkey breast, roast beef, ham & Swiss cheese

\$8

Caesar Salad

Heart of romaine lettuce tossed with creamy garlic anchovy dressing, cheese & herb croutons

\$6

With

Chicken Add \$3

Shrimp Add \$4

Greek Salad

Crisp lettuce with calamata olives, onions, tomatoes & house dressing

\$7

Fresh Garden Salad

With choice of dressings

\$6

LUNCH BUFFET

Enjoy an array of fresh salads, appetizers, hot entrees and
an assortment of fresh fruits and delectable desserts
\$11.50

SOMETHING IN BETWEEN

Turkey Madness

Whole wheat sub with smoked turkey breast,
Swiss cheese, bacon, lettuce and tomato

\$9

Cajun Chicken Sandwich

Cajun marinated chicken breast piled high with
sautéed bell peppers, onion, guacamole & melted
cheese on a multigrain bun

\$9

Philly Sandwich

Shredded Canadian beef sirloin , onion &
mushroom sauce on a whole wheat sub, topped
with melted cheese

\$10

Le Café Burger

100% pure ground top sirloin of beef served on a
sesame bun

\$8

Cheese \$1 Bacon \$1

Oriental Pita Sandwich

Marinated shredded chicken rolled in pita bread
with onions, tomatoes & tahini

\$9

Falafel And Vegetable Wrapper

Falafel, vegetables, cheddar cheese,
lettuce & sour cream rolled in tortilla bread

\$8

Tomato Chicken & Cheese Quesadillas

Flour tortillas stuffed with tomato, chicken &
cheese served with chive sour cream and salsa

\$9

BLT

Crisp bacon, lettuce and tomato slices on your
choice of white, whole wheat or rye bread

\$7

1 lb Buffalo Wings

Plump juicy wings served hot, medium
or mild with fries and vegetable sticks

\$10

All sandwiches and burgers are served with coleslaw and fries or house salad

Applicable taxes and Gratuities not included

DESSERTS

Hugs & Kisses

A mouthwatering dessert made of chewy brownie cake iced with cream cheese, decorated with Hershey's hugs

\$5

Freshly Baked Cakes, Tarts & Pies

Please ask your server for our daily selection

\$5

Fresh Fruit Plate

A colourful plate of sliced fresh fruits

\$5

Choice Of Ice Cream

Strawberry, vanilla & Chocolate topped with whipped cream and chocolate chips

\$4

BEVERAGES

Coffee, Tea	\$2.00	Iced Tea	\$1.95
Specialty Teas	\$2.50	Fruit Juices	\$3.00
Espresso	\$2.50	Milk	\$2.00
Cappuccino	\$3.00	Soft Drinks	\$1.95
Hot Chocolate	\$2.00	Spring/Perrier Water	\$2.25

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